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FOR IMMEDIATE RELEASE: September 13, 2006

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Ridgefield to host “Grand Prix” 5K road race

RIDGEFIELD – The Borough of Ridgefield will play host to a USA Track & Field “Grand Prix” 5K road race on Saturday, September 30, 2006 at 10:00 a.m.

The race, the Borough’s 3rd annual “Ridgefield Run”, is organized by the Ridgefield Recreation Department and is being held in conjunction with the town-wide *Ridgefield Day Celebration*. The 3.1-mile run loops through scenic, tree-lined residential neighborhoods, with an interactive course map and photographic course tour available on the web at www.RidgefieldRun.com.

Certified and sanctioned by USA Track & Field, the run features computerized timing and scoring, free race T-shirts and goodie bags, post-race food and refreshments, and awards and prizes to the top finishers, including the top Ridgefield residents.

Registration is \$15 for entries received by Monday, September 25, and \$18 thereafter. Race day registration begins at 8:30 a.m. at the Ridgefield Community Center. Entry forms and complete information are available at www.RidgefieldRun.com, where participants can also register online. Applications are also available at the Ridgefield Recreation Department. For more information, call 201-585-0500 x2.

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